

Falmouth  
primary academy

# Newsletter

## To our Parents and Carers....

Thank you so much for joining us for our athletics festival - you are excellent supporters and the children were so delighted to see you there. Well done to all our children who made us very proud (particularly when they completed the long distance race!). There are more fantastic events coming up including our day of science workshops on the 10th October and the 'explosive food' community show that you are all invited to in the evening (see advert below). We would also love you to attend our Spanish Day at 2.45pm on the 6th October. The children (in Key Stage 2) are doing so well in their Spanish and I would love for you to hear them. Also coming up soon - the choir will be singing at the launch of the Oyster Festival and we will have a football team represent the school on Friday in the first round of the Peninsula football qualifiers. Thank you for all your support, I wish you a wonderful weekend.

Warm regards  
Jess Mills

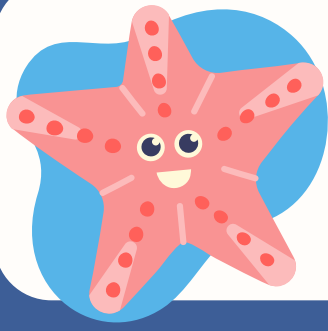


## Attendance

Please note that you need to complete an exceptional leave form for any planned absence. No holidays are authorised and will be subject to a penalty.

Seagulls - 91.5%   Jellyfish - 97.6%   Seahorses - 87.2%  
Limpets - 92.4%   Lobsters - 96.9%   Turtles - 92.1%   Puffins - 82%  
Seals - 88.9%   Dolphins - 91.1%   Basking Sharks - 91.9%





## After School Clubs- Help!

Are you a football player, a netballer, or someone with a talent to share? We are looking for parents to help run after school clubs; if this could be you, please contact our reception team!

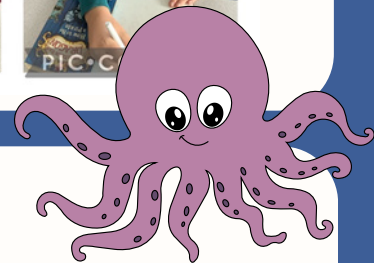
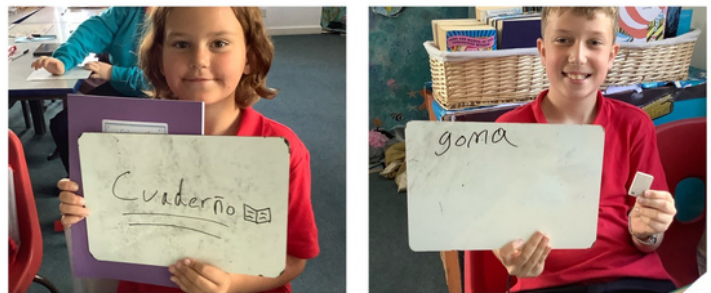
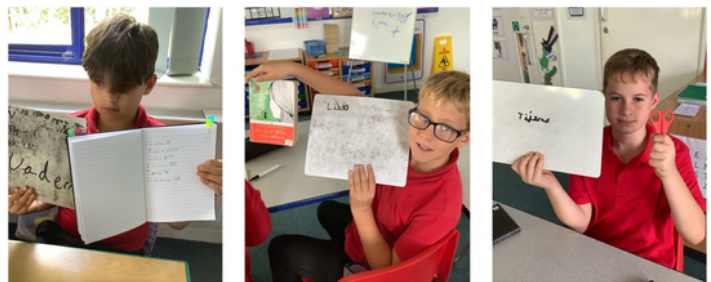
## Seahorse Class

A beautiful boat was made for home learning this week by a member of seahorse class!



## Basking Shark Class

Basking Sharks have been enjoying learning Spanish words for things around the classroom.



## Follow Us

Follow us on social media @falmouthprimary for daily updates on classroom activities and other fun things!





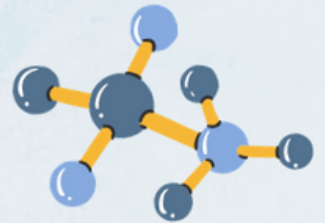
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Tuesday 10th  
October  
5.30pm - 6.30pm

# Community Science Show

Join us for explosive food,  
delivered by the Royal Institute;  
everyone is welcome!



More information at  
<https://www.rigb.org/whats-on/explosive-food-matinee-show>



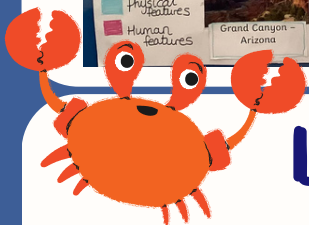
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## Puffin Class

Puffins have been learning about the climate and key geographical features along Route 66.



## Limpet Class

Limpet class designed and baked snack bars this week! They researched what ingredients could be included to make them more healthy and sketched what they would look like.

They then worked together to follow the method and measure the ingredients. The results were very yummy indeed!



## Lobster Class

We have been working on sequencing numbers to 100 in Lobster class. We used the iPads and worked online at TopMarks to put the numbers in order!



## Parking

Please remember to be courteous to our neighbours when parking for drop off and pick-up; do not block driveways. If you are able, please walk to school to avoid congestion. Thank you.





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# SPANISH DAY

KS2 are studying Spanish as our foreign language! Your child is asked to wear red and yellow to school so we can celebrate all things Spanish on Friday 6th October. If they have anything Spanish at home (postcard, souvenir, picture or fun fact) then please send it into school for us to share!



All parents (not just KS2)- please join us at school from 2.45pm to enjoy a Spanish singing performance and taste some food the children will prepare on the day.



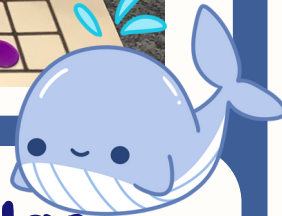
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## Jellyfish Class

Jellyfish have been fantastic mathematicians this week ★ - well done!!



## Blue Peter Book Badge

To earn your badge, just share your love of books with us by answering the questions on this link! You can apply using our online form or by post;

<https://www.bbc.co.uk/cbbc/findoutmore/blue-peter-apply-for-a-book-badge>



## Dates to Remember

### Autumn Term

4th Sept - 19th Dec

Half Term 23rd - 27th Oct

### Spring Term

4th Jan—28th Mar

Half Term 12th—16th Feb

### Summer Term

15th Apr—24th Jul

Half Term 27th - 31st May

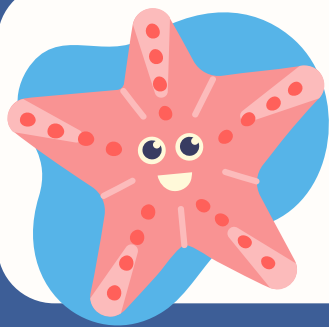
### Inset Days

30th Oct, 19th Feb, 15th Apr

### Bank Holidays

25th & 26th Dec, 1st Jan, 29th Mar, 1st Apr, 6th & 27th May, 26th Aug





## Healthy Packed Lunches

Falmouth Primary Academy encourages healthy eating. Please provide your child/children with a healthy and varied packed lunch each day. See below a few healthy ideas for your child's lunchbox;

### Fruit

Apples, Apricots  
Bananas, Blackberries, Blueberries  
Grapefruit  
Grapes (red, green, or purple)  
Melon  
Kiwis  
Mandarin, Mangoes  
Nectarines  
Oranges  
Peaches, Pears, Pineapple, Plums  
Raspberries  
Strawberries  
Tangerines  
Watermelon



### Dried Fruit

Raisins, apricots, apples, cranberries, pineapple, papaya, and others with little or no added sugars.

### Vegetables

Broccoli  
Carrot sticks or Baby Carrots,  
Cauliflower, Celery Sticks,  
Cucumber  
Peppers (green, red, or yellow)  
Snap Peas, String Beans  
Tomato slices or cherry tomatoes

## Food & Drink a Balanced Lunchbox Contains

- A good portion of **starchy food**, for example wholemeal roll or bread, wraps, pitta pocket, pasta or rice salad
- Plenty of **fruit and vegetables**, for example an apple, satsuma, handful of cherry tomatoes or carrot sticks, mini-can of fruit chunks in natural juice or a small box of raisins
- A portion of **dairy food**, for example individual cheese portion or pot of yogurt
- A portion of **lean meat, fish, eggs or beans**, for example ham, chicken, beef, tuna, egg or hummus
- A **drink**, for example unsweetened fruit juice or water

Please keep sugary foods in your child's packed lunch box to a minimum.