

Key Question: Why do Hindus want to be good? (part 1)

Year 6—Basking Sharks

Subject: Religion and Worldviews

What should I know already?

- ◆ Identify some Hindu deities and say how they help Hindus describe God.
- ◆ What the terms Dharma, Sanatan Dharma and Hinduism mean.
- ◆ Hinduism is a whole 'way of life' (dharma).

Skills

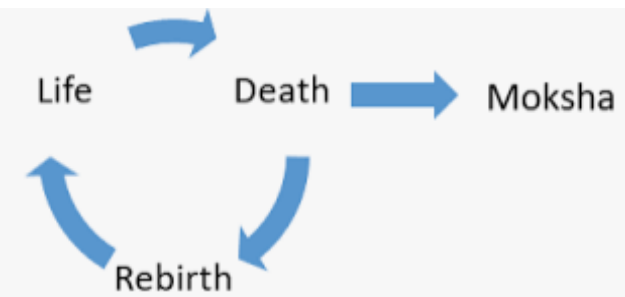
- Reflect upon feelings, relationships and experiences
- Explain concepts, rituals and practices
- Suggest meanings of religious texts
- Interpret and use religious language

Essential Knowledge

- Hindu's believe that there is only one God (Brahman) and that deities symbolise an aspect of Brahman
- Hindu's believe Brahman (God) is in every single living thing. The universe was not created by Brahman, it actually is Brahman – he is the energy of the universe.
- Hindus believe that all animals and humans have a spark of Brahman inside of them – this is called 'atman'. It's pure, eternal and unchanging.
- Hindu stories use symbolism to teach about 'being human' and about life.
- Hindus believe that the soul passes through a series of lives with the next lives always being dependent on how the previous ones were lived.
- Hindus believe that if someone truly understands about the atman, does their duty and lives a good life, they will achieve moksha (release from samsara – the cycle of life, death and rebirth).

Vocabulary

| | |
|----------|--|
| Hindu | A religion and dharma, or way of life. |
| Moksha | Means freedom: it is as a state of eternal bliss and emptiness achieved by breaking out of the |
| Brahman | Brahman is the supreme spirit and the other deities are different representations of Brahman.. Brahman is believed to be the foundation of all life. |
| Atman | Soul or spirit |
| Samsara | The cycle of birth, death and rebirth within the Hindu religion. |
| Karma | The idea that actions have long-term consequences, even into the next life ('what goes around comes around'). |
| D'harma | means 'duty'. Hindus read holy scriptures to try and understand what their duty is and how to live. It is doing the right thing with good behaviour. |
| Ashramas | Four main stages of life: student, householder, retired and renounced. Duties differ in each stage in life. |

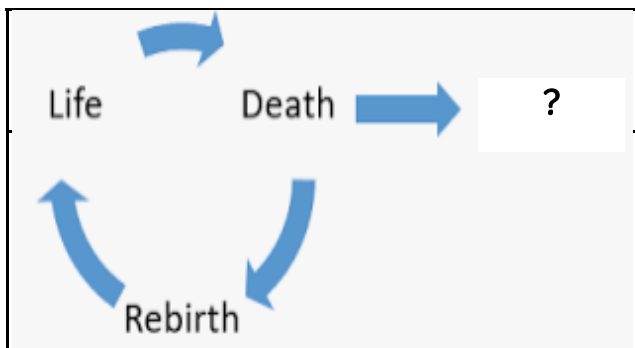


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| | | |
|--|----------------|--------------|
| Question 1: How many gods do Hindus believe in? Tick one | Start of unit: | End of unit: |
| Three, one for life, one for death and one for rebirth. | | |
| One | | |
| Several—there are many Hindu gods. | | |



Question 4: Fill in the missing word.

Start of unit:

End of unit:

| | | |
|--|----------------|--------------|
| Question 2: Brahman... (Tick any that apply) | Start of unit: | End of unit: |
| is the universe. | | |
| is in every single living thing. | | |
| created the universe. | | |
| is the supreme god. | | |

| | | |
|---|----------------|--------------|
| Question 5: Put these four main stages of life in order. Use 1-4 to order them. | Start of unit: | End of unit: |
| student | | |
| retired | | |
| householder | | |
| renounced | | |

| | |
|---|--|
| Question 3: Match the word to its definition using a line drawn with a ruler. At the end of the unit, draw these lines in red. | |
| Hindu | Means freedom: it is a state of eternal bliss and emptiness achieved by breaking out of the eternal cycles of life. |
| Moksha | Soul or spirit |
| Atman | means 'duty'. Hindus read holy scriptures to try and understand what their duty is and how to live. It is doing the right thing with good behaviour. |
| Samsara | The cycle of birth, death and rebirth within the Hindu religion. |
| Karma | Four main stages of life. |
| D'harma | A religion and dharma, or way of life. |
| Ashramas | The idea that actions have long-term consequences, even into the next life ('what goes around comes around'). |

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Question 6: Why do Hindus want to live their lives as good people?

Start of
Unit:

Question 6: Why do Hindus want to live their lives as good people?

End of
Unit: